

PRODUCE SPECIALS

JULY 18 – JULY 24 , 2026

NECTARINES VF 54'S 25LB

PEACHES BC 20LB

CAULIFLOWER CELLO 12'S

LONG ENGLISH CUCUMBER 12'S

ICEBERG LETTUCE 24'S

GREEN CABBAGE SACKS CANADA NEW CROP 50LAVG

BROCCOLI CROWNS #1 20LB

PINEAPPLES GOLD 7'S

MANDARIN WOO (CHINA) 9KG SEEDLESS

ASPARAGUS 28LB

CORN FRESH 48CT

MINIMUM ORDER FOR DELIVERY \$250. DELIVERY FEE WITHIN WINNIPEG \$20,
OR FREE WITH ORDERS OVER \$400

WHILE SUPPLIES LAST, ANY CLAIMS MUST BE FILED WITHIN 12HRS. NO EXCEPTIONS! PRICES SUBJECT TO
CHANGE WITHOUT NOTICE

MEAT SPECIALS

JULY 18 – JULY 24 , 2026

C6244AH	BEEF EYE OF ROUND AB
60212F	BEEF BRISKET POINTS AA
90034F	BEEF SHORTRIB CHUCK 2PACK
65409	BEEF RIBEYE UG AB
W12030	BEEF BRISKET AB
1990	CHICKEN BREAST NATURAL 5KG
WGHLSO3135	SHRIMP WHITE HLSO 31/35 6X4LB WEIGLEN
1310342	LOBSTER TAILS 3-4OZ PEI 30LB
313702	MUSSELS HALFSHELL MEDIUM NZ 12X2LB

MINIMUM ORDER FOR DELIVERY \$250. DELIVERY FEE WITHIN WINNIPEG \$20,
OR FREE WITH ORDERS OVER \$400

WHILE SUPPLIES LAST, ANY CLAIMS MUST BE FILED WITHIN 12HRS. NO EXCEPTIONS! PRICES SUBJECT TO
CHANGE WITHOUT NOTICE